

Smile Stars

Pediatric Dentistry & Orthodontics



"Smile Stars Pediatric Dentistry and Orthodontics is committed to you and your needs. This commitment is founded in a "faith and value centric" purpose through services and trust. We are truly blessed by the opportunity to be a positive influence in the lives of you and your children."

Welcoming All of Our
NEW SMILE STARS! 🏈
Our fall lineup shines so bright!



★ Star Patient ★

Roman was such a big helper
at his first dental visit!



Jeremiah's Travels

Jeremiah made new friends
at MSA East!



Brush Up On: Dental Emergencies



Abscess- is an infection that occurs around the root of the tooth and spreads into the spaces between the teeth and gums. An abscess can cause serious damage to the tissue surrounding the teeth and can potentially spread to other areas of the body. An abscess appears as a pimple like swelling (usually painful) on the child's gum tissue with possible swelling of the face and neck, and may be accompanied by a low-grade fever. The plan of action should be to contact your dentist right away

Dislocation of a Permanent Tooth: the tooth is partially or completely dislodged from the socket. Get to a dentist immediately! The faster you get there, the more likely it is that the tooth can be saved. Rinse the tooth with water but do not scrub it or remove any tissue fragments. If possible, re-implant the tooth in the socket, but never force it into the socket. If this is not possible, place the tooth in a cup of milk, saliva, or water. Handle the tooth by the crown only. Do not wiggle or pull a partially dislodged tooth out of the socket. Over the counter pain relievers such as Tylenol or Advil can be taken as needed.

Tips and Tricks for Halloween



To help you sort through the trick-or-treat bag loot, we have a rundown of some common candies and their impact on your teeth:

Chocolate

Chocolate is probably your best bet, which is good because it is also one of the most popular kinds of candy handed out on Halloween. It washes off your teeth easier than other types of candy. Dark chocolate also has less sugar than milk chocolate.

Sticky and Gummy Candies

Be picky if it's sticky. Sticky candies are the most challenging for our teeth. This candy is harder to remove and may stay longer on your teeth, which gives that cavity-causing bacteria more time to work.

Hard Candy

Hard candies are also ones to watch on Halloween. They can actually crack your teeth if you are not careful. You tend to keep these types of candies in your mouth for longer periods allowing the sugar to get in your saliva and wash over your teeth.

Sour Candy

You might want to pass on things that make you pucker – especially if they are sticky and coated in sugar. Sour candy can be very acidic. That acidity can weaken and damage the hard outer shell of our teeth, making them more vulnerable to cavities.

Popcorn Balls

Have some floss handy if you are enjoying one of these fall favorites because kernels tend to get stuck in-between your teeth. They are also sticky, sugary and can be hard.

<https://www.mouthhealthy.org/en/az-topics/h/halloween-candy-survival-guide>

Costume Contest:

We are SO excited to see what our Smile Stars choose to dress up as this Halloween!

To enter: Post a picture of you in your Halloween costume and tag us for a chance to win a Children's Sonicare Toothbrush.



Smile Stars-Bayou Oaks



Smilestars_bayouoaks



Try It at Home

Here is a fun and tasty treat to create with your family this Halloween!



<https://www.kidspot.com.au/kitchen/recipes/halloween-teeth-2575>

BAYOU OAKS 73- NEWS & EVENTS

Crawfish Swim School

- November is Water Safety Month at the Crawfish Swim School! In fulfilling the mission to spread water safety awareness and education in our community year-round, they are hosting their 2nd annual Water Safety Day on Friday, November 2 from 4 p.m. – 6 p.m. No sign up is needed for this FREE EVENT. All children attending will receive a Goodie Bag! The staff will be doing Life Jacket Demonstrations, hosting Water Safety Activities & Games and offering a CPR Class & Demonstration at 5 p.m. (this is not for certification, only safety education)

Mudbug Academy

- "Our October theme is 'Orchard Harvest' where we are learning about the tree life cycle, leaves, and fall animals. Our virtue is generous. We will be collecting food for the food bank this month to help prepare for Thanksgiving baskets."

PJ's Coffee- Introducing our new fall beverages:

- Pumpkin Affogato: made with spiced pumpkin sauce, frozen vanilla cream, and rich espresso dolce
- Bananas Foster Cold Brew Latte: flavors of vanilla ice Cream, brown sugar, spiced rum, and ripe banana
- Caramel Apple Latte: Sweet and subtle profiles of red apple and caramel, topped with whipped cream and caramel drizzle